

# Sewing Box



The objects in this reminiscence box are connected with sewing, mending, darning and knitting. It's very much like a real, old sewing box – full of interesting and useful things.

Rummaging in this box will start conversations and stimulate memories for anyone who enjoys sewing, making clothes or doing other needlecrafts – like knitting, crochet or embroidery.

The box is a good starting point for one-to-one sewing or mending activities, or for sewing with a group. It includes old (clean!) socks with holes that need a bit of darning.

Remember that objects can stir both good and bad memories and strong feelings in all of us; use your own judgment wherever necessary.

Simpler tasks such as sorting buttons by size or colour, pairing up knitting needles and winding wool or thread might also trigger childhood or family memories.

Who knows where your conversations might lead!



Knitting Bag



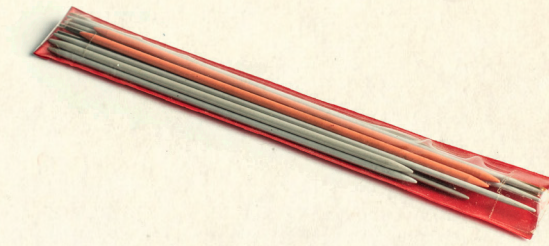
Balls of Wool



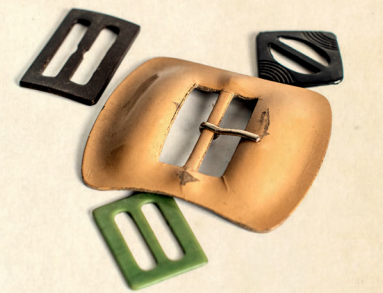
Tailors Chalk



2 Newey's Snap Fasteners (Poppers)



Various Cable Knitting Needles



4 Belt Buckles



A Zip



Bias Binding



Various Buttons



7 Cotton Reels



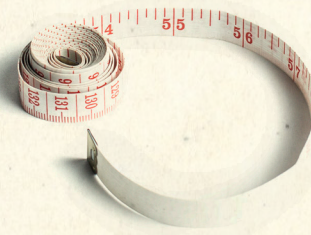
Embroidery Thread



Bakerlite Darning Mushroom And Socks With Holes



3 Thimbles



Tape Measure



Shell



French Knitting Doll



Tufting Hook



Tin



Various Buttons



Ball Of String



Beeswax



Tweezers



2 Dolly Pegs



Tin



Wooden Darning Mushroom



Fabric Scraps



Knitting Needles





# Bocs Gwnio

Mae'r pethau yn y bocs atgofion hwn yn gysylltiedig â gwnio, trwsio, clytio a gweu: mae'n debyg iawn i hen focs gwnio go iawn – yn llawn o bethau diddorol a defnyddiol.

Bydd twrio drwy'r bocs yn procio atgofion ac yn tanio sgwrs ymysg unrhyw bobl sy'n mwynhau gwnio, gwneud dillad neu ryw grefft arall ag edau a nodwydd – fel gweu, crosio a brodwaith.

Mae'r bocs yn fan cychwyn da ar gyfer gweithgareddau gwnio neu drwsio un-i-un, neu ar gyfer grŵp gwnio. Mae'n cynnwys hen bâr o sanau (glân!) â thyllau y mae angen eu clytio.

Cofiwch y gall gwrthrychau godi atgofion melys a chwerw, a theimladau cryf – defnyddiwch eich synnwyr cyffredin lle bo angen.

Efallai y bydd gweithgareddau symlach fel rhoi trefn ar foltymau yn ôl eu maint a'u lliw, paru gwëyll a throelli edafedd neu edau hefyd yn procio atgofion am blentynod a theulu.

Pwy a wŷr i ble fydd eich sgysiau'n eich tywys chi?!



Bag Gwnio



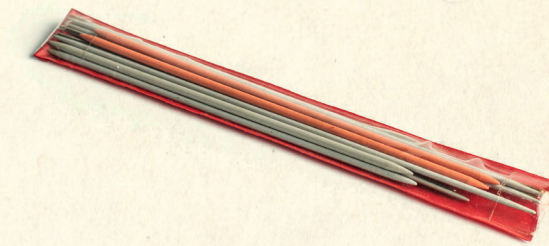
Peleni o Edafedd



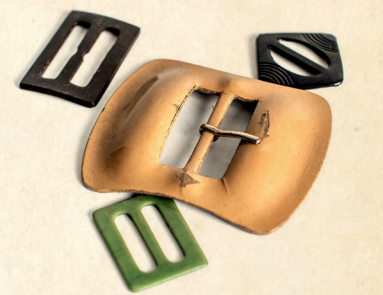
Sialc Teiliwr



Dau Fotwm Clec Neweys (Popars)



Amryw O Nodwyddau Gweu



4 Bwcl Belt



Un Sip



Rhwymiad Bias



Botymau Amrywiol



7 Ril Cotwm



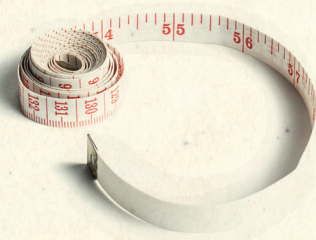
Edefyn Brodwaith



Top Gwnio Bakerlite, Sanau Gyda Thyllau



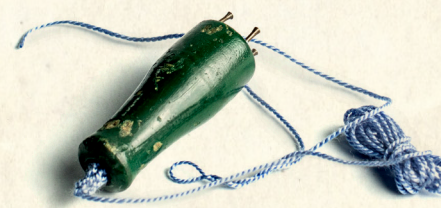
3 Gwniadur



Tâp Mesur



Cragen



Dol Gweu Ffrengig



Bachyn Pwytho



Tun



Botymau Amrywiol



Pelen O Linyr



Cŵyr Gwenyn



Plyciwr



2 o Begiau Doli



Tun



Top Gwnio Pren



Darnau o Ddefnydd



Gwëyll